Adolescent Identity Treatment

A unique guide to adolescent psychopathology, using a developmental approach. Treating Adolescents is a comprehensive guide to adolescent mental health care, synthesizing evidence-based practice and practice-based perspectives to give providers the best advice available. By limiting the discussion to disorders which appear during adolescence, this useful manual can delve more deeply into each to present extensive evidence and practice-based rationales for approaching a range of psychopathologies. This edition has been revised to reflect the changes in the DSM-5 and the ICD-10, with entirely new chapters on ADHD, learning and executive function, bipolar and mood disorders, sleep disorders, and suicide and self-injury. Coverage includes non-therapy
interventions, such as pharmacological and environmental. The discussion of schizophrenia and psychotic disorders includes adolescent presentations of Pervasive Developmental Disorders and their relationship to classical schizophrenia. In a developmental approach to adolescent psychopathology, different treatments are carefully integrated and matched to pathogenic processes in an effort to disrupt causal loops. This book provides in-depth guidance for providers seeking well-rounded treatment plans, with detailed explanations and expert insight. Understand disruptive behaviors and ADHD more deeply. Treat anxiety, depression, and mood disorders more effectively. Handle psychiatric traumas and related psychopathologies. Delve into substance abuse, self-harm, eating disorders, and more. Current scholarship favors developmental approaches to psychopathology and supports an
emphasis on integrated treatment packages, including environmental, biologic, and psychological interventions. With full integration of practice and research, Treating Adolescents is a comprehensive reference for constructing a complete treatment strategy.

Adolescents differ from adults both physiologically & emotionally as they make the transition from child to adult & thus, require treatment adapted to their needs. This report details the scope & complexity of the problem. Presents factors to be considered when making treatment decisions. Discusses successful program components. Describes the treatment approaches used in 12-Step-based programs, therapeutic communities, & family therapy respectively. Discusses adolescents with distinctive treatment needs, such as those involved with the juvenile justice system. Explains
legal issues concerning confidentiality laws. Adolescent Identities draws the reader into the inner world of the adolescent to examine the process of identity formation through the various lenses of history, anthropology, sociology, psychology, and psychoanalysis. The volume reveals there is no single "normal" adolescent, nor is there a singular adolescent experience. Editor Deborah L. Browning illustrates that in the course of development, each individual must integrate one’s unique biologically-given constitution and temperament, personal life history, and the influence of the social and cultural milieu. The book consists of six sections, arranged by concentric circles of influence, from the most exterior, identifiable, and potentially overt and conscious, to the most internal, private, and potentially unconscious concerns. Opening papers are drawn from sociology, European history, and
cross-cultural anthropology, and address the question of whether and how adolescence can be considered a stage in development. The second section explores how visible or potentially knowable minority statuses are experienced, and how these interact with individual identity processes. Moving closer to the adolescent’s interpersonal world, the third section presents papers about intimate relationships between adolescents and about the conscious preoccupations of adolescents when they are alone. Extensive excerpts of Erikson’s most important contributions on identity formation and adolescence are offered in the fourth section. Papers on the most internal, private, and potentially unconscious conflicts comprise the fifth section. The book concludes with a section of papers on "failed solutions" to the challenge of adolescent identity consolidation: homelessness, drug abuse, eating disorders, and
suicide. Adolescent Identities provides mental health practitioners, teachers, and graduate students in both fields with a variety of perspectives on the internal experience of adolescents. From pioneering family-based treatment developer James Lock, this is the first comprehensive guide to adolescent-focused therapy (AFT) for anorexia nervosa (AN), an evidence-based individual approach. AFT is an effective alternative to family-based treatment that may be a better fit for some patients. Lock explains how AN serves as a maladaptive response to developmental challenges of adolescence. He presents a manualized framework for helping adolescents find more adaptive coping strategies, manage difficult emotions, and develop greater autonomy and a stronger sense of self, while reducing risky behaviors and restoring weight. AFT emphasizes the therapist–patient alliance and involves parents in a
supportive role. Rich case material and sample dialogues illustrate how to implement each phase of the approach. AFT is recognized as a best practice for the treatment of anorexia nervosa in adolescents by the U.K. National Institute for Health and Care Excellence (NICE).

Developmental-Systemic Family Therapy with Adolescents
A Practical Treatment Guide

Components of Evidence-Based Treatments for Youth and their Parents

Nature, Assessment, and Treatment

Change for Good

The Oxford Handbook of Clinical Child and Adolescent Psychology

Mentalization-Based Treatment for Adolescents

This is a manual for clinicians who wish to
learn an effective psychodynamic treatment for young people with personality disorders (PDs). The book that details treatment models with strong theoretical foundations and examines systematic interventions designed to explore and resolve the conflicts and behaviors, common to PDs, that impede normal adolescent development. A highly readable discussion of an integrative approach to adolescent group therapy, this book advocates a focus on health in each group member. Drawing from their extensive clinical and teaching experience, Holmes and his associates
advocate social competency development and attention to the co-therapy relationship. They offer recommendations for supervising trainee therapists and for applying their model to various settings. Valuable to students, teachers, and professionals in the fields of psychology, counseling, vocational rehabilitation, sociology, nursing and education.

This is a comprehensive statement about adolescent development, identity formation, and treatment.

A comprehensive, theory-based approach to working with young clients in both school and
clinical settings Counseling and Psychotherapy with Children and Adolescents, Fifth Edition provides mental health professionals and students with state-of-the-art theory and practical guidance for major contemporary psychotherapeutic schools of thought. Children and adolescents are not just small adults; they have their own needs, requirements, and desires, on top of the issues presented by still-developing brains and limited life perspective. Providing care for young clients requires a deep understanding of the interventions and approaches that work alongside growing
brains, and the practical skill to change course to align with evolving personalities. The thoroughly revised fifth edition is a comprehensive reference, complete with expert insight. Organized around theory, this book covers both clinical and school settings in the fields of psychology, counseling, and social work. Coverage of the latest thinking and practice includes Cognitive Behavioral, Rational-Emotive, Reality Therapy, Solution Focused, Family Systems, and Play Therapy, providing a complete resource for any mental health expert who works with young people. Understand the major approaches to counseling
and psychotherapeutic interventions Discover the ethical and legal implications of working with children and adolescents Learn how to employ culturally responsive counseling with younger clients Examine interventions for children and adolescents with disabilities and health care needs This updated edition includes a stronger emphasis on the clinical application of theory to specific disorders of childhood and adolescence, and new coverage of the legal and ethical issues related to social media. Chapters include a case studies and online resources that make it ideal for classroom use, and new chapters
on Solution-Focused Therapy and Play Therapy enhance usefulness to practicing therapists. Expert guidance covers techniques for working with individuals, groups, and parents, and explores the efficacy of the theories under discussion.

Adolescent Identity Treatment
Identity Group Psychotherapy with Adolescents

Clinical Applications of Drama Therapy in
Child and Adolescent Treatment
Adolescent Identity and Residential Treatment
What We Know and What We Don't Know
The Influence of Two Different Residential
Treatment Centers of Adolescent Identity

Rich with clinical wisdom, this successful text and practitioner guide offers a comprehensive framework for treating adolescent problems in the family context. Even as teenagers become increasingly independent, Joseph Micucci shows, they still need parental guidance and nurturance. By strengthening family relationships, clinicians can alleviate symptoms and promote behavioral change. Vivid examples and session transcripts illustrate specific strategies for
treatment eating disorders, depression, anxiety, defiance, underachievement, and other frequently encountered challenges. Weaving together family therapy techniques with ideas from psychodynamic and cognitive-behavioral approaches, the book has a pragmatic focus on effective interventions for getting adolescent development back on track. New to This Edition *Thoroughly updated to reflect current research and reader feedback. *Chapter on adolescent anxiety disorders. *Expanded coverage of attachment issues;
lesbian, gay, and bisexual youth; and racial and ethnic identity. *New case material, one of the book’s most popular features.*

Here at last is a comprehensive volume on the often-ignored but vitally important subject of care for the chemically dependent adolescent. The most current treatment approaches are included, all focused on the unique needs of this population. For the first time, a book on adolescent chemical dependence illustrates, in a practical way, the major
issues of on-going care—from intervention and assessment through aftercare and relapse. Written by professionals who have worked extensively with chemically dependent youth, Practical Approaches in Treating Adolescent Chemical Dependency will be appreciated by all in the field of chemical dependency—administrators, treatment directors, and certified addictions counselors, as well as by social workers, family therapists, school guidance counselors, and student assistance personnel. BACKCOVER COPY The
treatment of alcoholism and drug use is a relatively young field that has developed only in the past 25 years. And as most of the expertise, efforts, and money have been targeted toward the chemically dependent adult population, the use and abuse of substances among young people has skyrocketed. Here at last is a comprehensive book on the often-ignored but vitally important subject of care for the chemically dependent adolescent. The most current treatment approaches are included, all focused on the unique needs
of this population. For the first time, a book on adolescent chemical dependence illustrates, in a practical way, the major issues of on-going care--from intervention and assessment through aftercare and relapse. Written by professionals who have worked extensively with chemically dependent youth, Practical Approaches in Treating Adolescent Chemical Dependency features: a comprehensive overview of the dynamics of adolescence and the destructive impact that chemicals have upon kids a description of adolescents who
are at risk for chemical dependency guidelines for making accurate assessments of chemically dependent adolescents successful programs and interventions that involve communities, schools, and families special insights into treating chemically dependent minority youth a review of the stages of recovery adapted to the developmental needs of adolescents a look at support groups that best facilitate the recovery process among adolescents much more

Adolescent Art Therapy is an attempt to
delineate the issues and techniques that are particular to the practice of art psychotherapy with an adolescent population. Adolescent Art Therapy provides a developmentally oriented rationale for the use of art psychotherapy with the adolescent patient. Learn to choose interventions based on the client's developmental stage! Teenagers are often a strain on families, and they can pose difficulties even in a family therapy setting. Developmental-Systemic Family Therapy with Adolescents integrates
research and theory about adolescent development with different approaches to family therapy. By matching the adolescent client's developmental stage and particular issues with the most effective therapeutic approach, this book enables family therapists to tailor their treatment plan to meet each family's unique needs. Developmental-Systemic Family Therapy with Adolescents contains special chapters on such serious teen problems as suicide and alcohol/substance abuse, as well as thoughtful consideration...
of such normal issues of development as cognitive stages, identity development, and self-esteem. Interpersonal relationships are also considered, including parenting, peers, and attachment issues. This essential resource offers family therapists suggestions on how to make sessions more relevant to clients who engage in risky sexual behavior, abuse alcohol and drugs, or run away from home. Each chapter includes detailed, down-to-earth discussions of: case examples common presenting problems assessment and
treatment issues therapy process dynamics
suggestions for developmentally
appropriate interventions Developmental-
Systemic Family Therapy with Adolescents
examines emotional and cognitive
development in adolescents to help
therapists improve communication and
devise effective methods of treatment. Its
well-balanced, pragmatic approach to
therapy will help you properly assess your
clients and offer them the services they
need in a form they can accept.
College student development and treatment
A Guide to Diagnosis and Treatment
Treating Troubled Adolescents
A Treatment Improvement Protocol
Theory and Practice for School and Clinical Settings
Cognitive-Behavioral Procedures
Adolescent Identities

Widely regarded as the definitive clinical reference and text in the field, this authoritative volume presents effective cognitive-behavioral approaches for treating frequently encountered child and adolescent disorders. The editor and contributors are leading experts who provide hands-on, how-to-do-it
descriptions illustrated with clinical examples. Relevant theories and research findings are explained, and exemplary treatment manuals and client workbooks reviewed. Coverage encompasses evidence-based treatments for aggression, attention-deficit/hyperactivity disorder, anxiety disorders, depression and suicidality, obsessive-compulsive disorder, eating disorders, and trauma. Ways to involve parents in treatment are addressed throughout. New to This Edition*Presents advances in conceptualizing and treating specific clinical problems.*Up-to-date information on treatment manuals and outcome research.*Chapters on additional therapies: modular treatments, dialectical
behavior therapy, and mindfulness-based interventions.

A Dynamic and Challenging Age Group A Volume in the Jossey-Bass Library of Current Clinical Technique

It is an ambitious undertaking to distill the knowledge base, summarize the clinical wisdom, and provide vivid case illustrations for the full range of psychopathology presenting in adolescence. This first rate book succeeds on all counts while conveying the challenge and excitement of working with teenagers who have psychiatric problems. --Gregory K. Fritz, M.D., professor of psychiatry and director, Child and Adolescent Psychiatry, Brown University School of Medicine

This concise, up-to-date summary of
adolescent development presents step-by-step guidance for effective clinical treatment of issues such as anxiety disorders, depression, eating disorders, somatization, conduct disorders, and psychosis.

"Essentials of Child and Adolescent Psychiatry" offers an overview of child and adolescent psychiatric problems; practical guidance in the use of interviews, ratings scales, and laboratory diagnostic testing with young patients; and is designed for the clinician who needs a practical psychiatric guide to child and adolescent psychiatric disorders.

You don’t have to reinvent the wheel--select and implement an effective substance abuse program
from this essential book! This essential book is the first ever published on exemplary models of adolescent drug treatment. It delivers detailed descriptions of exemplary drug treatment models and gives you the latest information on substance use and its consequences to aid your work with adolescents who use alcohol and drugs. The in-depth examinations of treatment models you’ll find in this book include programs serving adolescent substance users from a wide range of ethnic and cultural backgrounds (African Americans, Hispanics, Whites, Native Americans, Russian Immigrants). With sections covering outpatient, residential, family-oriented, and modified therapeutic community (TC).
programs, this book is a vital reference for educators and students as well as practitioners. Adolescent Substance Abuse Treatment in the United States: Exemplary Models from a National Evaluation Study gives you thoughtful examinations of: trends in adolescent substance use and treatment approaches three exemplary outpatient treatment programs, including program design, treatment issues, and client characteristics the Multidimensional Family Therapy Approach (MDFT), a family-oriented outpatient treatment model used to intervene with younger adolescents a 30- to 60-day residential treatment program that is based on a medical model which blends in treatment approaches from the
therapeutic community model the special treatment needs and issues of substance-using Native American youths issues of gender differences as they relate to drug use and trauma three different modified therapeutic community treatment models and much more! Adolescent Substance Abuse Treatment in the United States is an invaluable source of information for anyone working with this vulnerable population. Use it to choose and implement the program that will work best for you and your clients!

Adolescent Substance Abuse Treatment in the United States

Behavioral and Emotional Disorders in Adolescents

The Adolescent Journey

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Treating Adolescents
Criminal Conduct and Substance Abuse Treatment for Adolescents: Pathways to Self-Discovery and Change
Harnessing the Power of Relationships
An Integrative Approach for Personality Pathology

Adolescent Identity Treatment: An Integrative Approach for Personality Pathology is a ground breaking title that provides general and specific clinical strategies to help adolescents who lack an integrated identity. The authors have developed a treatment based on the integration of object relations theory, family systems, attachment, developmental neurobiology and cognitive behavioral approaches that focuses on clearing
blockages to normal identity development and adaptive functioning. While most adolescents build satisfying interpersonal relationships, are successful in school and work and begin romantic relationships, there is a minority of adolescents who do not succeed in this and are at a high risk of developing problems in school, work and relationships, problems with affect regulation as well as engaging in a wide range of self-destructive behaviors. In addition to a description of the disorder and assessment, this manual offers extensive clinical examples and concrete interventions, with phase-specific treatment components, including a clear treatment frame, psychoeducation, environmental interventions (with a "Home Plan" that addresses self-care
behaviors, responsibilities and improved boundaries that fosters the development of better relationships between the adolescent and family) and parenting strategies, all in the service of creating a space for the individual work with the adolescent.

Volume 25 of The Annals is a timely reprise on developmental, psychotherapeutic, and forensic issues that enter into the evaluation and treatment of adolescents. It traverses different explanatory perspectives, offers integrative expositions of several treatment modalities, and wrestles with the legal dimensions of adolescent care. The volume begins with three developmental studies: Shelley Doctors's clinically grounded reconsideration of "adolescent
turmoil," Charles Jaffe's dynamic systems approach to adolescent psychotherapy, and Saul Levin's thoughtful consideration of four aspects of the adolescent passage that clinicians tend to ignore: the adolescent's sense of being, of belonging, of believing, and of benevolence. A thorough review of adolescent personality pathology and a case report of adolescent mourning are followed by a series of papers exploring three principal treatment modalities commonly employed in work with disturbed adolescents: psychodynamic, interpersonal, and the integrated approach of the Austen Riggs Center. Consideration of the game of chess as a "method and metaphor" for working with object relationships in narcissistic teenagers concludes the section of
material on therapeutic approaches. The final section of volume 25 engages two knotty forensic issues that have come to the fore in adolescent psychiatry. Saul Levin examines the legal and developmental dimensions of the informed consent of minors whereas Everett Dulit outlines three clinical constellations associated with female adolescents' denial of pregnancy and examines their relationship to neonaticide. Like its distinguished predecessors, volume 25 is a thoughtfully assembled collection that not only spans the many facets of adolescent psychiatry but is responsive to the most pressing challenges - evaluative, therapeutic, legal - before the field.

This Provider’s Guide introduces a comprehensive and
developmentally appropriate treatment program,, Pathways for Self-Discovery and Change (PSDC), which provides the specific tools necessary for improving evaluation and treatment of at-risk youth, a particularly vulnerable patient population in the justice system. Using an adolescent-focused format, this protocol identifies psychological, biological, and social factors that contribute to the onset of adolescent deviance, and establishes guidelines for delivery of a 32-session treatment curriculum designed to rehabilitate both male and female adolescents with co-occurring substance abuse and criminal conduct. Now in its Second Edition, this guide provides treatment practitioners, program evaluators, and youth services administrators with the most up to date,
comprehensive, and accessible information for the treatment and rehabilitation of juvenile justice clients. It is built on theoretical and research advances in the treatment and rehabilitation of juvenile justice clients, as well as feedback over the past seven years from PSDC counselees, treatment providers, and program administrators.

Adolescent Identity Treatment
An Integrative Approach for Personality Pathology
Springer

Adolescent Art Therapy
The Provider's Guide

The Process of Adolescent Identity Development in the Context of Foster Care
A Relational Perspective for Beginning Clinicians
Exemplary Models from a National Evaluation Study
A Guide to Clinical Assessment and Intervention
Adolescent Health: Background and the effectiveness of selected prevention and treatment services
A Treatment Manual for Adolescents Displaying Harmful Sexual Behaviour is a resource for clinicians working therapeutically with male adolescents who have shown harmful sexual behaviour (HSB). Comprised of a printed manual and with accompanying online downloadable material, it is designed to be delivered over 30 sessions across 4 modules, but can be adapted to suit the needs of individual adolescents. The four
modules address a range of clinical tasks, including: establishing rapport and a therapeutic alliance with the young person; developing the relationship skills of the young person and addressing their harmful sexual behaviour; the young person's feelings, thoughts and beliefs and developing their capacity to regulate emotions and sexual arousal; and issues of sexuality, dating, endings and relapse prevention. The printed manual outlines the background that any clinician delivering treatment needs to consider, including a description of key therapeutic techniques, practical advice on how to prepare for and deliver an intervention, overviews of the...
modules and sessions, and sample session plans. Each session plan is clearly written in a step-by-step format and is stored electronically online so they can be easily printed as often as required. The accompanying online downloadable material also contains 'Home Project' sheets (homework tasks to consolidate the in-session therapeutic work) as well as a specially commissioned 'Character Library' with cut-out figures and background scenes that can be used as tools for the young person to explore real and fictional scenarios. This professional resource aims to provide the clinician with the tools to address adolescent harmful sexual
behaviour within a broader social and emotional developmental context, and will aid those working with young people to motivate them to engage in a positive process of change. With the advance of evidence-based practice has come the publication of numerous dense volumes reviewing the theoretical and empirical components of child and adolescent treatment. There are also a variety of detailed treatment manuals that describe the step-by-step procedures to guide ongoing research and practice. The second edition of Craig Winston LeCroy's Handbook of Evidence-Based Child and Adolescent Treatment Manuals is a
forceful combination of the two approaches, as he
gathers fifteen varied treatment manuals and brief
summaries of the research supporting each to
ensure that practitioners will truly understand how
to implement the treatments they are using. A
completely revised and expanded edition of the
handbook's first edition, this is an essential guide to
some of the best programs for helping children and
teens. Each chapter begins with an explanatory
section that discusses the theoretical and empirical
underpinnings of the programs. The treatment
manual follows, leading readers through sessions
with specific details about conducting the treatment
that have been refined and improved through extensive testing and research. Organized into three sections: the major clinical disorders, social problems confronting children and teens, and preventive interventions the Handbook brings together some of the most esteemed researcher-practitioners in the child and adolescent field. The book presents an impressive variety of innovative treatment programs and techniques including: the SiHLE program (intended to prevent problems confronting children and teens, and preventive interventions the Handbook brings together some of the most esteemed researcher-practitioners in the
child and adolescent field. The book presents an impressive variety of innovative treatment programs and techniques including: the SiHLE program (intended to prevent HIV through education and self-esteem building), the Children of Divorce Intervention Program (a therapy for younger children stressing resilience and skill-building), and Strengths Oriented Family Therapy (which reaches out to substance-involved adolescents and their families). The Handbook of Evidence-Based Child and Adolescent Treatment Manuals is an indispensable reference for researchers, graduate students, and practitioners working with children.
and adolescents in a multitude of settings, from schools and juvenile correction centers to group homes and family service agencies.

At the founding in 1896 of the first psychological clinic dedicated to children and adolescents, the study of the psychological treatment of young people lagged behind that of adults, and the basic psychopathology underlying mental disorders in this population was largely ignored. Since those early days, the field has evolved steadily and, in recent years, exponentially. The Oxford Handbook of Clinical Child and Adolescent Psychology is a state-of-the-science volume providing
comprehensive coverage of the psychological problems and disorders of childhood. International in scope and penned by the discipline's most eminent scientists and practitioners, the handbook begins with a section on conceptual and empirical issues, followed by exceptional content on specific psychiatric disorders such as intellectual disability, externalizing and internalizing disorders, communication disorders, schizophrenia and bipolar disorder, personality disorders, and many more. The third section offers chapters on special problems in childhood and adolescence, including divorce, the incarceration of parents, suicide and
non-suicidal self-injury, bullying, and medical illness. A fourth section covers delivery of clinical services in diverse settings, such as schools and prisons, and the handbook concludes with several chapters on emerging trends and future directions for the field. Conceptually rich and evidence-based, this handbook is an essential resource for students, practitioners, and researchers, providing a cutting-edge compendium of the latest theoretical and empirical developments by leaders of the discipline. This is a practical manual that is intended to be helpful to professionals setting up adolescent treatment groups. It gives directions and offers
practical advice in this difficult area.

Child and Adolescent Treatment for Social Work Practice
Child and Adolescent Therapy, Fourth Edition
A Developmental Approach
Handbook of Adolescent Psychopathology
Adolescent Group Therapy
Treatment of Adolescents With Substance Use Disorders
Multidimensional Family Therapy for Adolescent Cannabis Users - Cannabis Youth Treatment Series (Volume 5)

Following on the heels of the widely acclaimed A Guide to
Treatments That Work (OUP, 2002) by Nathan and Gorman, Treating and Preventing Adolescent Mental Health Disorders brings together a distinguished group of psychiatrists and clinical psychologists to provide a groundbreaking, evidence-based survey of treatments and preventions for adolescents with mental health disorders. The book, the very first to disseminate the findings of the Adolescent Mental Health Initiative sponsored by the Annenberg Foundation Trust at Sunnylands and the Annenberg Public Policy Center (APPC) of the University of Pennsylvania, addresses the current state of our knowledge about various mental health disorders in the teenage years, a developmental period when behavior and the brain are still "plastic." Here, six commissions established by the Sunnylands Trust and APPC pool their expertise on adolescent
anxiety, schizophrenia, substance use disorders, depression and bipolar disorders, eating disorders, and suicide in sections that thoroughly define each disorder, outline and assess available treatments, discuss prevention strategies, and suggest a research agenda based on what we know and don't yet know about these various conditions. As a meaningful counterpoint to its primary focus on mental illness, the volume also incorporates the latest research from a seventh commission-on positive youth development--which addresses how we can fully prepare young people to be happy and successful throughout their lives. Concluding chapters discuss other critical issues of particular relevance: the stigma of mental illness, the role of primary-care doctors and school-based mental health professionals in the detection and treatment of adolescent mental health problems,
and the research, policy, and practice context for the delivery of evidence-based treatments. Integrating the work of eminent scholars in both psychology and psychiatry, this work will be an essential volume for academics and practicing clinicians and will serve as a wake-up call to mental health professionals and policy makers alike about the state of our nation's response to the needs of adolescents with mental disorders. The Association of American Publishers' 2005 Award Winner for Excellence in Professional and Scholarly Publishing--Clinical Medicine Published in the year 1994, Handbook Of Adolescent Inpatient Psychiatric Treatment is a valuable contribution to the field of Psychiatry/Clinical Psychology.

Systematic, authoritative, and timely, this is an outstanding reference and text for anyone working with or studying
adolescents. More than 50 leading experts comprehensively review current knowledge on adolescent externalizing disorders, internalizing disorders, developmental disorders, personality and health-related disorders, gender identity and sexual disorders, and maltreatment and trauma. Chapters identify the core features of each disorder; explore its etiology, course, and outcome; address diagnostic issues specific to adolescents; and describe effective assessment and treatment approaches. The book also provides an integrative conceptual framework for understanding both healthy and maladaptive adolescent development.

Group Therapy With Children and Adolescents explores a major treatment modality often used with adult populations but rarely considered for child and adolescent treatments. With
contributions from experts in the United States and abroad, this book looks at the effectiveness -- in both treatment and cost -- of group therapy as it applies to these particular age groups. As psychiatric techniques have evolved, many varieties of group therapies have been developed and applied to child and adolescent psychiatry. Included in this book is an in-depth discussion not only of the theory and practice of group psychotherapy as used with children and adolescents, but also of the many varieties that have evolved as clinicians have sought new ways of tackling old problems. Include are chapters on adolescents with eating disorders, suicidal adolescents, and adolescents with drug problems. Inpatient, outpatient, education-oriented, and more traditional groups are all considered.
A Family Therapy Approach
The Treatment of Adolescent Identity Disorders from a Family Systems Perspective
Handbook of Evidence-Based Treatment Manuals for Children and Adolescents
Child and Adolescent Psychotherapy
Practical Approaches in Treating Adolescent Chemical Dependency
Counseling and Psychotherapy with Children and Adolescents
Handbook Of Adolescent Inpatient Psychiatric Treatment

In this book, Philip Rosenbaum and Richard Webb consider the complexities of working as counselors and psychotherapists for
college students, and offer a broad and detailed account of the developmental issues essential to understanding adolescent experience. Drawing on existentialism, cultural psychology and relational and object relations theories in psychoanalysis, this book offers a perspective that is sensitive to both clinical concerns and the broader context of college counseling and working with adolescents. Particular attention is paid to the emergence of adolescent identities through a relationship with "otherness,"
and several considerations are explored as a result. These include the emergence and reconciliation of destructive feelings, suicidal phenomenology and the effects of trauma. By taking a fresh look at clinical developmental theories as they affect adolescents and young adults, Rosenbaum and Webb provide a view of college-student development that is theoretically rich and clinically applicable in a way that warrants renewed appreciation and practice among counselors, psychotherapists and psychoanalysts work with college-age
clients. Although a few textbooks have been written about working with young children in practice settings, until now none has provided the theoretical framework and concrete help necessary for working with children from the first years through adolescence. In response to this pressing need, Dr. Theresa Aiello of New York University has written Child and Adolescent Treatment for Social Work Practice: A Relational Perspective for Beginning Clinicians. Infused with
authority, wisdom, and caring that have resulted from twenty-five years of agency, community, and clinical practice, consultation, and classroom teaching, Dr. Aiello introduces and covers comprehensively all the major therapeutic issues and treatment modalities, including play, family, and group therapy. Mentalization-Based Treatment for Adolescents (MBT-A) is a practical guide for child and adolescent mental health professionals to help enhance their knowledge, skills and practice. The book
focuses on describing MBT work with adolescents in a practical way that reflects everyday clinical practice. With chapters authored by international experts, it elucidates how to work within a mentalization-based framework with adolescents in individual, family and group settings. Following an initial theoretical orientation embedded in adolescent development, the second part of the book illuminates the MBT stance and technique when working with young people, as well as the supervisory structures
employed to sustain the MBT-A therapist. The third part describes applications of MBT-A therapies to support adolescents with a range of presentations. This book will appeal to therapists working with adolescents who wish to develop their expertise in MBT as well as other child and adolescent mental health professionals.
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Adolescent Psychiatry, V. 25
As an emerging psychotherapeutic discipline, drama
therapy has been gaining global attention over the last decade for its demonstrated efficacy in the treatment of child and adolescent populations. However, despite this attention and despite the current turbulent state of the world and the increasing population of disturbed and at-risk children, the field of drama therapy has so far lacked a standard text. Weber and Haen's book fills this need, providing a core text for graduate students and established professionals alike. Clinical Applications of Drama Therapy in Child and Adolescent Treatment is guided by theory, but firmly rooted in practice, providing a survey of the many
different possibilities and techniques for incorporating drama therapy within child and adolescent therapy. More than merely a survey of the existing literature on drama therapy, this text represents a true expansion of the field: one which articulates the breadth of possibilities and applications for drama therapy in the larger context of psychotherapy.

Every day, millions of children experience serious mental health issues such as symptoms related to autism, psychosis, mania, depression, and anxiety. Moreover, many youth struggle with issues related to
trauma, eating, sleep, disruptive behavior, and substance use. Most of these youth do not receive evidence-based treatments. Instead, they commonly receive untested, ineffective, and even harmful treatments. Child and Adolescent Psychotherapy presents the research-supported treatment packages and their individual components for every major mental health issue facing infants, children, and adolescents. Each chapter also identifies and analyzes other variables and resources that influence treatment: parents, assessment, comorbidity, demographics and medication. Useful resources are
included for each mental health issue covered in the book. The chapters are organized in the same order as they appear in the DSM-5.

Adolescent-Focused Therapy for Anorexia Nervosa
Treating and Preventing Adolescent Mental Health Disorders
Annals of the American Society for Adolescent Psychiatry
A Treatment Manual for Adolescents Displaying Harmful Sexual Behaviour
Group Therapy with Children and Adolescents